

Biotin 5000

Hypoallergenic

Item no. 70350

Available in bottles of 60 vegetarian capsules

Promotes Healthy Hair and Nails*

Biotin is an essential coenzyme for a variety of carboxylation reactions, and is involved in the metabolism of fats, sugars and amino acids.

Biotin is crucial for the utilization of glucose for energy, the breakdown and utilization of fatty acids in energy production, and the synthesis of protein from amino acids.*

Suggested Use

As a dietary supplement, 1 capsule one or two times daily with meals, or as directed by a healthcare practitioner.

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving:

Biotin 5000 mcg

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, dicalcium phosphate, L-leucine.