

E Complex-1:1™

Optimal Ratio Alpha and Gamma Tocopherol Blend in a Mixed Tocopherol Complex

E Complex-1:1 is a unique, natural vitamin E supplement that features a 1:1 ratio of alpha to gamma tocopherol; this ratio more closely resembles the tocopherol profile found naturally in vitamin E-rich plants.

- Helps maintain cardiovascular health by promoting healthy circulation, blood vessel integrity, and healthy blood lipids.*
- Supports prostate health, nervous system health, and healthy skin, and delivers a host of additional health benefits.*
- Delivers an especially powerful blend of different tocopherols for a broader range of antioxidant protection against the ravages of free radicals.*
- Provides balanced levels of gamma- and alpha-tocopherols that are more closely associated with consumption of vitamin E-rich foods.*
- Provides gamma-tocopherol for unique protection against peroxynitrite—a highly reactive free radical.*

Two softgels supply:

Vitamin E (as d-alpha tocopherol)	400 IU†
Gamma Tocopherol	270 mg
Delta Tocopherol	98 mg
Beta Tocopherol	6 mg

Other Ingredients: Gelatin, glycerin, soybean oil, and water.

Recommendations: Two softgels daily with a meal or as directed by your healthcare practitioner.

Form: 60 and 180 Softgel Bottles

† 400 IU is equivalent to 270 mg of alpha-tocopherol. This provides a 1:1 ratio of alpha to gamma tocopherols.