

# Extra Strength DHA Liquid™

High Potency DHA

Great Lemon Flavor—No "Fishy" Taste!



**Extra Strength DHA Liquid** provides at least 2,000 mg per serving of DHA from purity-certified, omega-3 essential fatty acids in triglyceride form to aid absorption and bioavailability.

- Supports many important aspects of health including pregnancy, fetal development, nervous system function, and brain function.\*
- Supplies pharmaceutical-grade fish oil that is independently tested for purity.
- Contains a proprietary antioxidant blend to maximize and preserve freshness.
- Features a natural, light lemon flavor.

Serving Size: 1 teaspoon (5 ml)

Servings Per Container: 30

## Each teaspoon (5 ml) supplies:

Calories .....	40
Calories from Fat .....	40
Total Fat .....	4 g
Cholesterol .....	15 mg
Omega-3 Fatty Acids .....	2,950 mg
DHA (Docosahexaenoic Acid) .....	2,000 mg <sup>†</sup>
EPA (Eicosapentaenoic Acid) .....	400 mg <sup>††</sup>
Other Omega-3 Fatty Acids .....	400 mg

**Other Ingredients:** Natural lemon flavor, rosemary extract, ascorbyl palmitate, and natural tocopherols. Contains: fish (anchovy, cod, salmon, sardine, tuna).

**Recommendations:** Take one teaspoon one to three times daily with food or as directed by your healthcare practitioner.

**Form:** 5 fl. oz (150 ml) Bottle (Bottled in Norway)

**Warning:** If pregnant or nursing, or taking medication—including blood thinning medications—consult your healthcare practitioner before use. Do not use before surgery.

<sup>†</sup> Range of 2,000-2,250 mg

<sup>††</sup> Range of 400-750 mg