

Herbulk®

Blend of Soluble and Insoluble Fibers in a 1:1 Ratio

Herbulk is a low-sodium, powdered fiber product designed primarily to provide the metabolic benefits of fiber, while also supporting intestinal function and integrity.*

- Supports intestinal short chain fatty acid production and the health of intestinal epithelial cells.*
- Great for those who have occasional loose stools.*
- Supplies satiety-enhancing fiber to create a feeling of fullness.*

Serving Size: 1 Scoop (20 g)


Servings Per Container: 17.5

Each serving supplies:

Calories	45
Calories from Fat	9
Fat	1 g
Cholesterol	0 mg
Total Carbohydrate	14 g
Dietary Fiber	6 g
Protein	1 g
Vitamin C (as ascorbic acid)	60 mg
Sodium	10 mg

Ingredients: Rice flour, psyllium seed powder, psyllium husk powder, prune fiber concentrate, guar gum, cellulose gum, and ascorbic acid.

Recommendations: Blend, shake, or briskly stir one level scoop into at least 8 ounces of water, juice, or other beverage or as directed by your healthcare practitioner.

Form: 12.4 oz (350 g) Powder Container 

Caution: Take this product as recommended. May cause allergic reaction in persons sensitive to inhaled or ingested psyllium.