

Serenagen® (formerly TCB 3)

“Stressed and Wired” Chinese Herbal Formula*

Serenagen is a classic, comprehensive herbal stress management formula targeting individuals that are “stressed and wired.” It has been used throughout China since the Yuan Dynasty (1279-1368 A.D.). According to traditional Chinese herbology, living a demanding, hectic lifestyle deeply influences mood, mental function, cognitive processes, the cardiovascular system, the liver, and tolerance to change.*

- Expertly designed to help maintain equilibrium between body systems and promote a sense of inner calm.*
- Provides herbal support for those who may be overworked, sleep too little, have exhausted physical reserves, and/or have difficulty resting.*

Two tablets supply:

A 4:1 proprietary herbal extract blend of: 1,000 mg
Rehmannia Root (*Rehmannia glutinosa*), Schisandra Fruit (*Schisandra chinensis*), Jujube Fruit (*Zizyphus spinosa*), Dong Quai Root (*Angelica sinensis*), Chinese Asparagus Root (*Asparagus cochinchinensis*), Ophiopogon Root (*Ophiopogon japonicus*), Scrophularia Root (*Scrophularia ningpoensis*), Asian Ginseng Root (*Panax ginseng*), Chinese Salvia Root (*Salvia miltiorrhiza*), Poria Fungus (*Poria cocos*), Polygala Root (*Polygala tenuifolia*), Platycodon Root (*Platycodon grandiflorum*)

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid, silica, magnesium stearate, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Recommendations: Two tablets two to three times daily or as directed by your healthcare practitioner.

Form: 50 and 100 Tablet Bottles 

Warning: Do not use if pregnant or nursing.

Caution: If taking medication consult your healthcare practitioner before use.