

Symphora™

Support for Brain Cortisol Function*

Symphora is formulated to promote a positive mood and mental well-being by beneficially modulating cerebral metabolism of the neurohormone cortisol.*

- Cortisol is a glucocorticoid hormone associated with mood, well-being, and stress response.*
- Features DHEA, which research suggests may support a positive mood by modulating the effects of brain cortisol during periods of stress.*
- Provides vitamin D, a vitamin that may be associated with a positive mood.*
- Supplies neuroactive vitamin B₁₂ and folate—cofactors in the synthesis of neurotransmitters such as serotonin.*
- Designed to act centrally, within the brain, this formula features 5-methyl tetrahydrofolate, which research suggests may be able to pass the blood-brain barrier.*

Two tablets supply:

Vitamin D	800 IU
Folate (as L-5-methyl tetrahydrofolate)	800 mcg
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg
DHEA (Dehydroepiandrosterone)	50 mg

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid, silica, and coating (deionized water, microcrystalline cellulose, polyethelene glycol, and carrageenan).

Recommendations: Two tablets daily or as directed by your healthcare practitioner.

Form: 60 Tablet Bottle

Warning: DO NOT USE IF PREGNANT OR NURSING. For adult use only. Avoid use if patient has, or has a history of hormone-related cancer, diabetes, or bipolar disorder. If patient has a medical condition or takes medication use with caution. Do not exceed recommended dosage.