

UltraMeal® Medical Food

Nutritional Support for the Management of Conditions

Associated with Metabolic Syndrome

UltraMeal is a powdered medical food designed to nutritionally support the management of conditions associated with metabolic syndrome, including:

– Central obesity – Insulin Resistance

– Altered body composition

Designed for those who want to improve body composition, UltraMeal promotes the loss of body fat while helping to maintain lean muscle mass. UltraMeal also supports healthy heart function by providing 15 grams of soy protein per serving. Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. Soy protein has also been shown to have cholesterol-lowering effects.

- A delicious and satisfying high protein/low-glycemic-index meal option for patients with metabolic syndrome that provides sound nutrition in the form of a convenient and delicious shake. (Glycemic index of 31 when referenced against glucose.)
- Provides a heart-healthy source of foundation nutrition with essential vitamins and minerals.
- A dairy-free source of calcium for bone health.
- Features **PharmaSoy®**, a technologically advanced nutritional blend of superior soy protein, isoflavones, and dairy-free calcium.
- Comes with a Quick-Start Guide or a more comprehensive Patient Guide for complete program guidelines.
- Available in delicious, natural **Vanilla, Dutch Chocolate, Strawberry Supreme, Mocha, Banana Blast, Country Peach, and Raspberry.**
- Available in a **variety pack** of single servings in an assortment of flavors.
- Ask about **seasonal flavors.**

Serving Size: 2 Scoops (47 g)

Servings Per Container: 14

Nutritional information per serving (Strawberry Supreme):

Calories	160
Fat	2 g
Saturated Fat	0 g
Trans Fat	0 g
Cholesterol	0 mg
Sodium	180 mg
Potassium (as potassium chloride and potassium iodide)	510 mg

Carbohydrate	24 g
Dietary Fiber	4 g
Protein†	15 g
Vitamin A (as retinyl palmitate)	1,750 IU
Vitamin C (as ascorbic acid)	60 mg
Calcium (as dicalcium phosphate)	600 mg
Iron	2.5 mg
Vitamin D (as cholecalciferol)	40 IU
Vitamin E (as d-alpha tocopheryl acetate)	11 IU
Thiamin (as thiamin HCl)	0.75 mg
Riboflavin	0.85 mg
Niacin (as niacinamide)	10 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Folate (as folic acid and L-5-methyl tetrahydrofolate [‡])	400 mcg
Vitamin B ₁₂ (as cyanocobalamin)	30 mcg
Biotin	150 mcg
Pantothenic Acid (as D-calcium pantothenate)	5 mg
Phosphorus (as dicalcium phosphate)	500 mg
Iodine (as potassium iodide)	75 mcg
Magnesium (as magnesium citrate)	160 mg
Zinc (as zinc gluconate)	9 mg
Copper (as copper gluconate)	1 mg
Manganese	0.35 mg
Chromium (as chromium polynicotinate)	100 mcg
Isoflavones	17 mg

Other Ingredients (Strawberry Supreme): Soy protein isolate[†] (PharmaSoy®) (soy), fructose, maltodextrin, soy fiber (soy), corn bran, natural strawberry flavors, natural flavors, lecithin (soy), beet powder (color), olive oil, cellulose gum, xanthan, and carrageenan. Contains: soy.

Recommendations: Blend, shake, or briskly stir two level scoops into 8 ounces of chilled water. Take twice daily or as directed by your healthcare practitioner.

Form: 23.2 oz (658 g) Powder Container and 10 Packet (670 g) Box (Variety Pack)

Ⓐ See FDA Warning on page 9.

Notice: This product is to be used under the direct supervision of a physician or other licensed healthcare practitioner. Do not engage in a diet less than 800 calories per day without medical supervision.

† Non-genetically engineered, identity-preserved soy protein.

‡ As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

This product contains **no** high fructose corn syrup.